

# 6 Regions of North America

Region	Food	Clothing	Shelter	Natural Resources
<b>Arctic</b>	Little vegetation <b>Hunted</b> polar bears, elk, walrus, seals, whales, fish	Used rabbit, bears, elk, seals and whales for their skin and fur to make clothing	<b>Igloos</b> or shelter made from animal hides in warmer months	<b>Sea</b> -for fishing <b>Land</b> -to find food and things to make shelter <b>Animals</b> for food
<b>Northwest</b>	Plenty of vegetation <b>Fished</b> for salmon Gathered nuts, berries and roots <b>hunted</b> deer and otters	Made from furs and hides of animals they Cedar bark was woven into clothes	<b>Plank houses</b> or <b>Longhouses</b> -Built out of wood and bark from forests; large enough for more than one family	<b>Forest</b> for wood and bark <b>Rivers</b> -water and food <b>Animals</b> for food
<b>Southwest</b>	Soil was fertile Expert <b>farmers</b> , melons, beans, squash and corn Raised sheep for meat	Used cotton they grew Wool from sheep	<b>Pueblos</b> - Built from adobe (clay), wood, brush or any natural resources they could find	Irrigation ( <b>water</b> ) techniques for farms <b>Wood, leaves, mud, bark</b> used for houses
<b>Plains</b>	<b>Hunted</b> deer, elk <b>Farmers</b> planted corn, squash, beans Most important source of food was the Buffalo	Parts of the buffalo were used for clothing Clothing depended on location and climate Made from animal hide or fur	<b>Teepees</b> or permanent <b>earthen lodges</b> (made of sod or grass)	<b>Buffalo</b> -all parts of the buffalo were used for food, shelter and clothing <b>Land</b> for farming
<b>Northeast</b>	Most heavily wooded <b>Farming</b> -corn, squash, pumpkins and beans <b>Fishing</b> <b>Hunted</b> deer and beavers	Clothes made from deer hides and other animals they hunted	<b>Longhouses</b> -homes for more than one family Shelter mostly permanent in nature Made from trees and bark	<b>Forest</b> for wood to build houses Nearby <b>waterways</b> for <b>fishing animals</b>
<b>Southeast</b>	<b>Farming</b> -corn, squash and beans <b>Hunted</b> deer, raccoon, turtle, bear, turkey and alligators	Wore clothes made of light weight deer skin Used cotton or wool Dye clothes in bright colors	Winter home - <b>Wattle and Daub</b> – mud and bark Summer home – <b>Chickees</b> – built on stilts 3 feet above ground with no walls	<b>Land</b> <b>Wood</b> <b>Clay</b> <b>animals</b>